

COMPETITION INFORMATION SHEET

Event: scottishathletics Inter District Cross Country Championships
 incorporating UK Cross Challenge Series and Home Country International
Venue: King George V Playing Fields, Broadloan, Renfrew, PA4 0AP
Registration: King George V Playing Fields, Broadloan, Renfrew, PA4 0AP
Parking: Broadloan, Renfrew, PA4 0BY
Date: Saturday 13th January 2024

Race	Age Group	BORN DURING	Declarations Close	Race Starts	Distance (Approx)
Under 13 Girls	U13G	01/09/2010 to 31/08/2012	1030hrs	1100hrs	3000m
Under 13 Boys	U13B	01/09/2010 to 31/08/2012	1045hrs	1115hrs	3000m
Under 15 Girls	U15G	01/09/2008 to 31/08/2010	1100hrs	1130hrs	4000m
Under 15 Boys	U15B	01/09/2008 to 31/08/2010	1120hrs	1150hrs	4000m
Under 17 Women	U17W	01/09/2006 to 31/08/2008	1140hrs	1210hrs	6000m
Under 20 Women (WA)	U20W	18 or 19 on 31/12/24			
Under 17 Men	U17M	01/09/2006 to 31/08/2008	1205hrs	1235hrs	6000m
Under 20 Men (WA)	U20M	18 or 19 on 31/12/24			
Senior Women	SW	BORN BEFORE 31/08/2003	1230hrs	1300hrs	8000m
U20 Women (UKA)	U20W	01/09/2003 to 31/08/2006			
Senior Men	SM	BORN BEFORE 31/08/2003	1315hrs	1345hrs	8000m
U20 Men (UKA)	U20M	01/09/2003 to 31/08/2006			

Entry Information All athletes will be advised of their selection via their district rep or team manager
 UK Cross Challenge entries are accepted through the scottishathletics entry system

Email Enquiries: events@scottishathletics.org.uk

Important Notes

(1) Location map and additional information will be shown on the scottishathletics website -

www.scottishathletics.org.uk

(2) Team scoring for all Races is 6 to count.

(3) All selected athletes must be members of scottishathletics at the time of the event. Athletes with an out of date membership cannot be added after the selection date.

(4) A selected athlete MUST not be substituted by a non-selected athlete at any time.

Non observance of the above leaves the whole field and the officials uninsured in the event of an accident; leaves the athlete at a health risk in the case of a wrong identification of the athlete; and makes the results invalid as an historic record.

(5) By accepting selection all athletes agree that photographs and/or video footage may be taken and used for PR/Marketing purposes.

(6) Athletes agree that they are medically fit to compete, have no medical issues or disability that would endanger themselves or others by taking part (and will not run if unfit to do so on the day).

(7) Any athlete with Additional Support Needs should contact scottishathletics for an athlete assistance form.